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First Year Students in Optometry Department. English Lecture no.1

Present Simple Tense Examples

- 1.I wear glasses because I am nearsighted.
- 2.My doctor recommends that I get regular eye exams.
- 3.She tests my vision and checks for any problems.
- 4.I use eye drops to relieve dryness and irritation.
- 5.I avoid rubbing my eyes because it can make them feel worse.
- 6.I take breaks from looking at screens to rest my eyes.
- 7.I eat healthy foods that are good for my eyes, such as spinach and carrots.
- 8.I get enough sleep so that my eyes can rest and repair themselves.
- 9.I protect my eyes from the sun by wearing sunglasses.
- 10.I follow the advice of my eye doctor to keep my eyes healthy.

Present Simple Tense Questions

- 1.How often do you get your eyes checked?
- 2.Do you wear glasses or contact lenses?
- 3.When was the last time you had your glasses prescription updated?
- 4.Do you use artificial tears or eye drops?
- 5.Do you take any vitamins or supplements for eye health?
- 6.Do you know how to properly clean your glasses or contact lenses?
- 7.Do you protect your eyes from the sun by wearing sunglasses?
- 8.Do you take regular breaks from looking at screens?
- 9.Do you have a good posture when you are reading or using a computer?
- 10.Do you get enough sleep?

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11. Do you have any trouble seeing clearly?
12. Do you see blurry or double images?
13. Do you have trouble seeing in low light?
14. Do you have flashing lights or halos in your vision?
15. Do you experience eye pain or redness?
16. Do you have dry or itchy eyes?
17. Do you have difficulty focusing on objects that are close to you?
18. Do you have headaches when you are using your eyes for a long time?
19. Do you see halos around lights?
20. Do you have trouble reading?

Present Simple Tense Wh-Questions

1. Who does the diagnosis of eye diseases?
2. What are the common eye diseases that ophthalmologists diagnose?
3. How do ophthalmologists diagnose eye diseases?
4. When should you see an ophthalmologist for an eye exam?
5. Why is it important to get regular eye exams?
6. What equipment do ophthalmologists use during an eye exam?
7. How do ophthalmologists measure your vision?
8. What tests do ophthalmologists perform to check for eye diseases?
9. How long does an eye exam typically take?
10. Why are eye exams important for overall health?

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Present Simple Tense Examples on Negation

- 1.I do not get my eyes checked every year.
- 2.I do not wear glasses or contact lenses.
- 3.I have never had my glasses prescription updated.
- 4.I do not use artificial tears or eye drops.
- 5.I do not take any vitamins or supplements for eye health.
- 6.I do not know how to properly clean my glasses or contact lenses.
- 7.I do not protect my eyes from the sun by wearing sunglasses.
- 8.I do not take regular breaks from looking at screens.
- 9.I do not have a good posture when I am reading or using a computer.
- 10.I do not get enough sleep.
- 11.I do not have any trouble seeing clearly.
- 12.I do not see blurry or double images.
- 13.I do not have trouble seeing in low light.
- 14.I do not have flashing lights or halos in my vision.
- 15.I do not experience eye pain or redness.
- 16.I do not have dry or itchy eyes.
- 17.I do not have difficulty focusing on objects that are close to me.
- 18.I do not have headaches when I am using my eyes for a long time.
- 19.I do not see halos around lights.
- 20.I do not have trouble reading.
- 21.Ophthalmologists do not diagnose ear diseases.
- 22.Ophthalmologists do not treat eye diseases with surgery.
23. do not prescribe glasses or contact lenses.

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24.Ophthalmologists do not use X-rays to examine the eyes.

25.Ophthalmologists do not measure blood pressure during an eye exam.

26.Ophthalmologists do not check for hearing problems during an eye exam.

A Short Story

In the heart of a bustling city, amidst the towering skyscrapers and the ceaseless hum of traffic, lived a humble man named Samuel. Samuel was a man of simple means, earning a meager living as a cobbler, mending shoes and repairing leather goods. Though his days were filled with hard work, Samuel's spirit remained unbroken, his heart filled with kindness and gratitude for the simple pleasures of life.

As the years passed, Samuel's eyesight began to fade. The world around him, once vibrant and clear, grew hazy and indistinct. The faces of his loved ones, the intricate patterns on the carpets he mended, the familiar landmarks of his city – all became blurred and out of focus. Samuel's heart sank with each passing day, the fear of losing his sight casting a shadow over his life.

One day, while walking through the city park, Samuel stumbled upon a flyer advertising free eye exams for the less fortunate. A glimmer of hope ignited in his heart, and he decided to seek help. With a mix of anticipation and trepidation, he made his way to the address listed on the flyer.

The clinic was a haven of tranquility amidst the city's chaos. The staff greeted Samuel with warm smiles and gentle words, easing his anxieties. The ophthalmologist, a kind and compassionate woman named Dr. Patel, listened attentively to Samuel's concerns and conducted a thorough examination.

The diagnosis was cataracts, a clouding of the lens of the eye that can cause significant vision loss. Dr. Patel explained that surgery was the only option to

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restore Samuel's sight. Samuel's heart sank again. He knew he could never afford the cost of such a procedure.

Sensing Samuel's despair, Dr. Patel offered him a ray of hope. She explained that the clinic was part of a non-profit organization that provided free eye care to those in need. Samuel's eyes widened in disbelief and gratitude. A wave of relief washed over him as he realized that his vision could be restored, that he would not be condemned to a life of darkness.

The surgery was a success. As the bandages were removed, Samuel's eyes fluttered open, and the world burst forth into a kaleidoscope of colors. He could see the faces of his loved ones with startling clarity, the intricate details of his work, the familiar landmarks of his city – all were sharp and vibrant. Tears of joy streamed down his face as he realized that he had been given a precious gift, the gift of sight.

Samuel's life was transformed. He could once again enjoy the simple pleasures that had once been taken for granted. He could work with renewed vigor, mend shoes with greater precision, and appreciate the beauty of the world around him.

Samuel's story is a testament to the power of kindness and compassion. It is a reminder that even in the face of adversity, hope can always be found.

SECOND LECTURE: A STORY

In the heart of a bustling village, nestled amidst towering blacksmith's shops and lively marketplaces, lived a young boy named Louis. With his mop of unruly brown hair and eyes that sparkled with curiosity, Louis was a beacon of energy, always eager to explore the wonders of the world around him.

Louis's father, a skilled blacksmith, was a pillar of the community, his forge casting sparks that illuminated the lives of many. Louis spent countless hours watching his father, fascinated by the way he transformed raw metal into objects of beauty and utility.

However, at the tender age of three, tragedy struck Louis's life. While playing with a sharp tool, he accidentally struck his eye, causing a deep wound that would ultimately lead to blindness. The world that had once been a vibrant tapestry of colors and shapes faded into an endless darkness.

Despite this devastating blow, Louis's spirit remained unbroken. He refused to let his disability define him, determined to find a way to navigate his new reality and contribute to society.

Inspired by his father's craftsmanship, Louis began to experiment with different materials, seeking a way to create a system of communication that would be accessible to the blind. He spent countless hours in his father's workshop, his fingers tracing the contours of tools and objects, seeking inspiration from the textures and shapes that surrounded him.

One day, while running his fingers over a slate used for marking horseshoes, Louis noticed the raised dots that indicated the size of the shoe. A spark of inspiration ignited within him. What if he could create a system of writing using raised dots, allowing blind people to read and write just like those who could see?

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With unwavering determination, Louis set to work, tirelessly refining his idea. He experimented with various materials, from leather to wood, but nothing seemed to provide the ideal combination of firmness and longevity. Finally, he stumbled upon a piece of thin, flexible paper, which proved to be the perfect medium for his invention.

Using a stylus, Louis carefully punched holes into the paper, creating patterns of raised dots that corresponded to the letters of the alphabet. He spent countless hours practicing his writing, his fingers tracing the patterns with increasing speed and precision.

News of Louis's invention spread throughout the village, reaching the ears of the headmaster of the Royal School for the Blind. Intrigued, the headmaster invited Louis to demonstrate his system to the school's students.

Louis stood before the eager faces of the blind students, his heart pounding with a mix of nervousness and excitement. He carefully explained the concept of his system, patiently guiding their fingertips over the raised dots.

A hush fell over the room as the students began to decipher the letters, their faces lighting up with wonder. For the first time, they had the power to read and write, to access the world of knowledge that had long been denied to them.

Louis's invention, later known as Braille, revolutionized the lives of blind people worldwide. It opened doors to education, employment, and social participation, empowering them to live independently and fulfill their potential.

The blacksmith's son who had lost his sight illuminated a path for others, demonstrating that even in the darkest of times, the human spirit can shine brightly, capable of overcoming adversity and creating something truly extraordinary.

The sun beat down on the dusty road, casting long shadows from the throngs of people following Jesus. Among them, a blind man named Bartimaeus sat by the roadside, his sightless eyes turned towards the distant hum of voices. For years, he had been shrouded in darkness, his world a tapestry of sound and touch.

Word of Jesus, the healer, had reached Bartimaeus like a shaft of light. He clutched at the hope that flickered within him, a fragile flame against the vast canvas of his blindness. As Jesus drew near, Bartimaeus cried out, his voice hoarse with longing, "Jesus, Son of David, have mercy on me!"

The crowd hushed, their gazes turning towards the blind man. But Jesus stopped, his eyes meeting Bartimaeus' unseen ones. In that silent exchange, a bridge of empathy was built. Without hesitation, Jesus called out, "Tell me, what do you want me to do for you?"

Bartimaeus, his heart pounding, stammered, "Lord, I want to see again!"

Jesus, with a gentle touch, reached out and anointed Bartimaeus' eyes. In that moment, something shifted. The world, once a blur of sounds, sharpened into focus. Bartimaeus gasped, tears welling up as he saw the faces around him, the vibrant hues of the sky, the dusty road stretching before him. He saw the sunlight, a warm caress on his skin, and for the first time, truly saw the face of Jesus, etched with compassion and love.

News of the miracle spread like wildfire. People flocked to Jesus from far and wide, their bodies racked with pain, their spirits heavy with despair. A woman bent double with a crippling illness reached out, her touch a desperate plea. Jesus, with a word of comfort, straightened her back, and she stood tall, tears of gratitude streaming down her face.

A young boy, wracked with seizures, was brought to Jesus. The boy's father, his face etched with worry, pleaded for help. Jesus took the boy in his arms, his touch radiating warmth and calm. The seizures subsided, replaced by a peaceful sleep. The boy's father, overcome with relief, knelt at Jesus' feet, his heart overflowing with thankfulness.

Each healing was a testament to Jesus' boundless compassion, a beacon of hope in the midst of suffering. He touched not just bodies, but hearts, mending brokenness and restoring faith. His miracles were not mere displays of power, but acts of love, igniting a spark of divinity within each person he healed.

And as the sun dipped below the horizon, painting the sky in hues of orange and gold, Jesus continued to walk among the people, his presence a radiant flame in the gathering darkness. For in his eyes, shone the light of a love that could heal not just physical ailments, but the deepest wounds of the soul.